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HECKFIELD
PLACE

ACTIVITIES GUIDE





EXPERIENCES AT HECKFIELD PLACE

Welcome to Heckfield Place. As a Georgian family home lovingly restored from its classic origins and rewoven into 400 acres of secluded Hampshire landscape, there's plenty of room to roam.

Explore the gardens, farm and woodlands as well as the surrounding countryside. We'd be over the moon to help you connect with all that our home and the area have to offer – naturally, we have a few favourites as well as some hidden secrets we'd be happy to share.

Please do not hesitate to ask us if we can be of any assistance.
Have a wonderful stay.





EXPERIENCES AT HECKFIELD PLACE

DISCOVER THE GARDENS & PLEASURE GROUNDS

First, you must get lost.

Put on your wellies, head out from the Boot Room and start wandering. It really doesn't matter which way you go. There is beauty in all directions.

If you really do need to know which path leads where, then the Upper Walled Garden is to the north of the House. The woodland paths wind to the south and east to the lakes, the Market Garden and the river.

If you need a map, please ask your guest assistant and follow the trails for walks from 15 minutes to 2 hours.





EXPERIENCES AT HECKFIELD PLACE

PICNICS

We are happy to arrange a picnic to enjoy on the Pleasure Grounds on a sunny day, as a part of your planned activities. Please ask the Study for today's menu and place your order.

Please allow three hours for preparation and collect your basket from the Study.

Head out to the Lake or the woods or wherever takes your fancy for a relaxing afternoon.





EXPERIENCES AT HECKFIELD PLACE

HEAD TO THE MARKET GARDEN & FARM

Our bio-dynamic Market Garden and organic Home Farm are a 15-minute walk down past the lakes heading east past the end of the Lower Lake and across Top Thumper field.

If the House is the heart of Heckfield, the bio-dynamic garden and certified-organic farm is its soul. Overseen by the Heckfield team, the farm provides everything for the House: from flowers to rotating arable crops and honey.





EXPERIENCES AT HECKFIELD PLACE

JOIN OUR ESTATE EXPERTS FOR AN ESTATE WALK

Each day between 11:00am – 12:30pm

Monday: Woodland Walk

Tuesday: Farm Tour

Wednesday: Wildlife Tour

Thursday: Market Garden Tour

Friday: Ornamental Garden Walk

Saturday: Estate Tour

Sunday: Estate Tour





EXPERIENCES AT HECKFIELD PLACE

CYCLING & HIKING

Cycle or hike across the Estate and out into the little lanes to Farley Hill, or around the forestry tracks of Bramshill Forest to discover the peace and quiet of the Hampshire countryside. There are several country pubs that you can cycle or hike to.





EXPERIENCES AT HECKFIELD PLACE

BADMINTON, CROQUET & PETANQUES

Wander the grounds and find different garden games to join in with.





EXPERIENCES AT HECKFIELD PLACE

FISHING

The Lower Lake is stocked with Rainbow Trout, Carp, Perch, Tench & Rudd. All levels of fishing are welcome, whether it's introducing you to the lake, setting you up, teaching for the first time or just guiding.





EXPERIENCES AT HECKFIELD PLACE

BOATING ON THE LOWER LAKE

Take one of our rowing boats out onto the Lower Lake to enjoy the peace and calm of the nature of the Heckfield Estate.

Add a picnic and make a day of it.





EXPERIENCES AT HECKFIELD PLACE

WILD SWIMMING ON THE LOWER LAKE

The Lower Lake is a wonderful spot to enjoy a dip in nature. Take one of our waffle towels and head to the eastern end of the Lake where the water is deep and clear. Find our wooden pontoon and step ladder to ease your way in and out.





EXPERIENCES AT HECKFIELD PLACE

BIRD WATCHING

Join the birdwatching team for a peaceful walk through the woods to discover the birds and wildlife that have made this gently wilding estate their home.





EXPERIENCES AT HECKFIELD PLACE

FALCONRY

Behold the majesty of these Birds of Prey. Under the supervision of our professional falconer, guests are invited to handle and fly these magnificent birds. It is an unforgettable moment when a hawk swoops out of the sky and lands on your gloved fist.





EXPERIENCES AT HECKFIELD PLACE

ARCHERY

Have a go at this hand-to-eye coordination sport and allow your instructor to turn you into the next Robin Hood or Maid Marion (green tights optional!)

Archery has been used competitively for centuries, so why not pit your skill and judgement against your crew. All bows used are approximately 25 pounds recurve. Suitable for participants age 11/6 and over.





EXPERIENCES AT HECKFIELD PLACE

YOGA

The intention is to bring freedom of movement into the body and mind. This class is the true essence of the Bodyism ethos; listen to your body and respond intelligently. Access your individuality, find clarity and test the power of your body. Leave feeling energised and truly alive.

MEDITATION WALK / FOREST BATHING

Guided meditation walk along the Heckfield trails to discover the beauty of connection with nature that can help you gain a greater sense of control over your thoughts, feelings and actions, allowing you to respond in more constructive ways when you experience negative thoughts or emotions.





EXPERIENCES AT HECKFIELD PLACE

FARM FIT

A one-of-a-kind exercise experience! Farm fit is a circuit-based training using equipment found on farmland: tyres, weighted milk churns, ropes, hay bales, logs, sandbags. Working as a team or alone this will get your endorphins firing.

BODY FLOW

Discover your inner Tarzan/child! Our Body Flow is ground-based movement, made fun, challenging and effective. Movement is designed to improve strength power, flexibility, mobility, and coordination for all levels of fitness enthusiasts.

WILDERNESS CHALLENGE

This energising circuit session follows a high-intensity based program designed to challenge even the strongest athletes. The class will work every muscle, build physical and mental strength and improve your stamina.





EXPERIENCES AT HECKFIELD PLACE

HECKFIELD SIGNATURE TRAIL RUN

Guided trail run with our Movement team. The run is combined with intermittent exercise with your own body weight in outstanding areas of natural beauty. Dip in the lake as a part of this challenge which will work on your cardiovascular endurance and boost your immune system.

BODYISM SIGNATURE

A dynamic fusion of interval training and stretching. The hour-long Bodyism Signature class has been carefully designed and refined to lengthen, strengthen and tone your whole body, while invigorating your mind, body and spirit.

BODYISM STRETCHING

Stretching keeps the muscles flexible, strong, and healthy, and we need that flexibility to maintain a range of motion in the joints.





EXPERIENCES AT HECKFIELD PLACE

HECKFIELD GUIDED BIKE TOUR

Discover the surrounding countryside by bike with one of our team showing the way.





EXPERIENCES AT HECKFIELD PLACE

SCREENING ROOM

Our beautiful 67-seater, Dolby Atmos Screening room is hidden underground at Heckfield and hosts regular screening of current movies as well as talks as part of our Assembly programme.





EXPERIENCES AT HECKFIELD PLACE

COCKTAIL-MAKING MASTERCLASS

Join Heckfield Place's cocktail-making maestros in learning how to create the best drinks fresh with ingredients often foraged from our 438-acre estate.

The skills of balancing botanicals and the perfect shake and stir ...

With an introduction to our Home Farm, you'll be served an aperitif along with the history, the techniques and creation of classic cocktails - from, say, the Classic Martini, Mojito and Whisky sour as well as making your own cocktail with foraged ingredients.





EXPERIENCES AT HECKFIELD PLACE

SOMMELIER WINE TASTING

Calling all oenophiles...A tutored tasting with our Senior Sommelier or our Head of Wine & Bars.

We show a diverse and unusual selection of wines that can all fall into the 'twists on the classics' category. You will be taken through this by our expert wine team who will tutor you in how to taste wine, explain production techniques and provide you with a whole host of fun and fascinating facts about the world of wine.





EXPERIENCES AT HECKFIELD PLACE

WILLOW WEAVING WORKSHOP

Embrace your creativity and try your hand at willow weaving. Using locally grown willow, make either a willow star or a willow bird feeder.





EXPERIENCES AT HECKFIELD PLACE

NATURE PHOTOGRAPHY

Do you have an interest in photography and a curiosity in the world around you?

Would you like to grasp some fundamental principles and techniques in photography?

This private tuition session is aimed at doing just that and will lead you to feeling more inspired and confident in taking photos that you will love.





EXPERIENCES NEAR HECKFIELD PLACE

TENNIS AT RISELEY TENNIS CLUB

Our neighbours at Riseley Tennis Club offer four floodlit hard courts that are open all year round.

If you wish to learn or improve your game, a coach is also available upon request.





EXPERIENCES OUT AND ABOUT

WELLINGTON RIDING

Wellington Riding is one of the UK's biggest and best-known equestrian centres and our immediate neighbour.

Set in 300 acres of the Duke of Wellington's beautiful Hampshire estate, they are a British Horse Society Approved Riding School, Livery Yard and 'Where to Train' Centre to BHSl. Choose from beginner's class to a hack through the countryside.





EXPERIENCES OUT AND ABOUT

ASTON MARTINS

The ultimate car is our neighbour – Chicane Aston Martins are very close by and are home to some iconic DB6s through to the modern super cars. They restore, maintain and look after more than 20 Astons and welcome Heckfield Place's guests to visit.



EXPERIENCES OUT AND ABOUT

DISCOVER JANE AUSTEN



Join our resident Jane Austen expert, visiting the site of her birthplace and her Father's church at Steventon. Explore the picturesque villages that Jane Austen knew, see the country houses where she danced, fell in and out of love and trace the people that she mentions in her letters, in memorials, in village churches and in a landscape remarkably unchanged since the 1770s.





EXPERIENCES OUT AND ABOUT

HATTINGLEY VALLEY WINERY TOUR AND TASTING EXPERIENCE

Enjoy a two hour private tour (for up to six guests) where you'll not only taste the award-winning wines from Hattingley Valley, but will also benefit from their in-depth knowledge, as you are guided through the 600-tonne capacity eco-friendly winery and shown each step of the traditional method sparkling wine-making process.

Available Monday – Friday. Not available during harvest time which is usually mid September to end of October.





EXPERIENCES OUT AND ABOUT

CLAY PIGEON SHOOTING AT THE ROYAL BERKSHIRE SHOOTING SCHOOL

Established 30 years ago, The Royal Berkshire Shooting School is internationally recognised as one of the finest facilities of its kind. Set within nearly 100 acres in an area of outstanding natural beauty, facilities include a mixture of towers as well as their famous Purdey Grouse Moor.

Whether you are a complete novice, looking to enjoy your very first experience of shooting, or a seasoned shot looking for a lesson, you will be sure to enjoy this thrilling quintessentially British experience.

Please note the Shooting School is not open on Sunday.





EXPERIENCES OUT AND ABOUT

CLAY PIGEON SHOOTING WITH DYLAN WILLIAMS

We are delighted to have a close partnership with Dylan Williams, who established the world-famous Royal Berkshire Shooting School 30 years ago and has decades of teaching experience.

Dylan can collect you from Heckfield and drive you to The Royal Berkshire Shooting School to enjoy a two-hour lesson with him at the most innovative shooting school in the country.

Please note the Shooting School is not open on Sunday.





EXPERIENCES OUT AND ABOUT

BEARWOOD LAKES GOLF

For the golfers among you Bearwood Lakes is 15 minutes away from Heckfield Place and provides a beautiful, peaceful round of golf in an exclusive private club.





EXPERIENCES OUT AND ABOUT

FOR THOSE LOOKING TO VENTURE A LITTLE FURTHER AFIELD

Immerse yourself in our incredible history with a private tour of:

- Windsor Castle
- Blenheim Palace
- Highclere Castle, better known as Downton Abbey
- Winchester
- Stonehenge

All are within an hours drive of Heckfield and can be arranged as a wonderful day out.







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ALL ACTIVITIES ARE CHARGED SEPARATELY AND SUBJECT TO AVAILABILITY

HECKFIELD PLACE

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Check out The Assembly series of films, events and workshops at Heckfield Place.

heckfieldplace.com/the-assembly/